



Celebrating  
10  
years!  
sensasia  
urban spa



Welcome to SensAsia urban Spas, where our uber-chic day spas set the stage for extraordinary spa-aahing designed for the modern man and woman.

We began our journey in 2004, at The Village in Jumeirah, desperate to please the serious 'passionate about pampering' set. Its instant success drove the development of further locations, and today we are proudly the largest spa brand in the UAE with multiple award winning spas.

With each spa unmistakably being a SensAsia Spa, you will experience Balinese grace, Japanese elegance and Thai tradition in all our interiors and services. From jet setting professionals to all the yummy mummies, we understand the lifestyle stresses of everyday life and have created sanctuaries dotted around the city for you.

The intentions I had when we first started in Jumeirah still energize me today – to give you a retreat that turns the city's buzz to a purr. And I think we have managed!

So relax, unwind and I hope you enjoy the SensAsia experience.

It's all about you.

MESPA BEST INDEPENDENT SPA 2012 & 2013

AHLAN BEST SPA IN DUBAI 2011 & 2012

WHAT'S ON FAVORITE SPA 2012

MESPA BEST SPA MARKETING 2011

## senspackages

### PAMPER ME SILLY

Enjoy a half day of an AB-SPA-LUTELY fabulous super savvy mix of the best of SensAsia!

### BLISSFULLY UNAWARE™

Indulge in the Signature SensAsia Hot Stone massage followed by a 60 minute Elemis facial - heavenly.

### URBAN LIVING™

Let your skin breathe freely with a SensPolish of your choice to exfoliate and soften the skin followed by a relaxing 60 minute massage.

### BEE MY HONEY

Get your honey ready with this seriously softening honey based body polish followed by a warm milk, honey, black sesame and almond oil wrap. Top it off with a 60 minute massage. Oh yes please!

### ABSOLUTE SPA RITUAL

A complete journey into sensory heaven for the face and body with a beautiful Elemis Advanced Performance Facial and Well-Being Massage.

### THE CULT CLASSIC

Eve Lom, the much coveted celebrity facialist has earned her products 'Cult' status. Team her deep cleansing facial with the Hot Salt Scub seriously exfoliating body buff to rub away every last patch of rough skin. Followed by a 30 min Back, Neck and Shoulder massage.

### ISLAND BLISS

From the exotic shores of Tahiti, coconut and frangipani are soaked to produce monoi. Begin with a recipe of coconut, mungbean, spices and lavender that polishes the skin, whilst the frangipani monoi oil indulges your senses, warm milk is poured over your entire body before being cocooned in a comforting wrap. Conclude with a lomi lomi massage lulling you into pure Island Bliss.

### GORGEOUS GEISHA

This luxurious journey preps and primes you like the 'artists' themselves. Enjoy a private bath indulging your senses with our 'Gorgeous Geisha' tea followed by a full body massage. A skin brightening body polish of green tea and ginger follows. This head to toe ritual continues with a deeply cleansing Eve Lom facial.

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## pamper me silly

AN AB-SPA-LUTELY FABULOUS, SUPER SAVVY MIX OF THE BEST OF SENSASIA!

Balinese Massage  
Royal Javanese Body Cleansing Ritual  
Luxe Milk and Flower Bath  
Consultation  
Elemis Advanced Performance Facial  
Refreshments  
And take a little SensAsia to go!

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BEST SPA IN DUBAI  
2012 WINNER

AHLAN BEST IN DUBAI AWARDS

SENSWRAPS - BODY WRAPS  
THE DETOX  
ELEMIS COCONUT & MILK RITUAL WRAP

SENSPOLISHES - BODY POLISHES  
HOT SALT SCRUB\*  
CINNAMON SPICE AND ALL THINGS NICE\*  
SUGAR DADDY\*  
ELEMIS EXOTIC LIME AND GINGER SALT GLOW  
COCONUT & ROSE\*  
LUXE LAVENDER RUB\*

\*add on to any treatment for Dhs 225 | includes a 15 minute back massage

WARM COCOA BUTTER STONE MASSAGE

Pure bliss combined with extreme skin softening

THE PLAYER MASSAGE

Uses heated herbal packs - designed for the sports and gym enthusiast

SENSASIA HOT STONE MASSAGE

Relaxing, detoxifying, and seriously stress relieving

WARM CANDLE MASSAGE

Our most popular, find out why

KNEAD-IT (INTENSIVE MASSAGE)

Just as it sounds - much needed

THAI YOGA STRETCH MASSAGE

Dynamic, stretching and stress busting

YUMMY MUMMY-TO-BE MASSAGE

Enjoy a specialized bump friendly massage and choose to prevent stretch marks, relieve fatigue, hydrate the skin or ease fluid retention

PILLOW TALK MASSAGE

You bring your Pj's and we'll bring the hot cocoa!

BALINESE MASSAGE

De-stress and unwind

BALI CHIC™ MASSAGE

That little bit more - pure urban bliss.

SOLE TO SEOUL

Foot massage

RAPID RUB

Intensive back massage

SENSBODY

SENSMASSAGE



## sensfacials

### ELEMIS TRI-ENZYME RESURFACING FACIAL

Advanced resurfacing technology.

### ELEMIS VISIBLE BRILLIANCE

For ageing, stressed and slackened skin

### ELEMIS PRO-COLLAGEN QUARTZ LIFT

Anti wrinkle facial – proven results

### ELEMIS OXYGEN SKIN CALM - FOR SENSITIVE SKIN

Soothing heaven for sensitive skin

### ELEMIS SOS PURIFYING FACIAL

For problematic skin

### ELEMIS SKIN IQ FACIAL - FOR HIM

Anti-ageing booster for tired, stressed skin

### ELEMIS URBAN CLEANSE FACIAL - FOR HIM

Decongesting power

### EVE LOM SIGNATURE FACIAL

Deep cleansing TLC

### EVE LOM ULTIMATE CLEANSE

For those who want the effects of an Eve Lom facial but are short on time

### DR. DENNIS GROSS SUPER BOOSTER FACIAL TREATMENT

Age defying booster treatment that delivers the highest possible dosage of active ingredients

### DR. DENNIS GROSS ALPHA BETA DELUXE TREATMENT

Plumps lines and wrinkles and leaves skin visibly radiant

### DR. DENNIS GROSS CUSTOM BOOSTER FACE TREATMENT

Let your therapist guide you and help choose the treatment that is most appropriate

### GENTLEMAN'S FACIAL BY DR. DENNIS GROSS

Soothes the effects of the daily grind

“Best anti-aging facial.”

- Grazia UK on Elemis' Quartz Lifting Facial

“Probably the best  
cleanser in the world.”

- Vogue UK on Eve Lom





## sensconscious

### **BABY'S GOT BACK - BRAND NEW** COMBINED BOOTCAMP FOR BUTTS & CELLULITE PROGRAM

Is it time for an intensive treatment to get you back in to the booty-licious book, and to smooth out those lumps? If you have the time and the commitment, then we have a program designed by our clients and therapists, this powerful and results guaranteed tightening trio of treatments combines 6 Bootcamps for Butts, 5 Skinny Mini's and 6 Just Beat it Massages, along with your own DIY homecare program. This combination will achieve the maximum results. Exactly what you need... exactly where you need it.

### **ELEMIS BODY SCULPTING CELLULITE & COLON THERAPY** A no mess, anxiety free alternative to the popular colonic irrigation. Perfect for a sluggish digestive system, fluid retention, and cellulite around the thighs.

### **JUST BEAT IT** Encourages fat deposit breakdown - Highly stimulating over a series of 6 sessions.

### **THE SKINNI-MINI** This last minute, de-bloating treatment results in the perfect pre-skinny jeans water-shed from your thighs and abdomen.

### **CELLULITE CONTROL** Do you suffer from cellulite? SKINNI-MINI packages are available for the bust, arms, thighs and buttocks in series of 3, 5 and 10, inclusive of a homecare plan.

### **BOOTCAMP FOR BUTTS BY MAMA MIO - BRAND NEW** Tightening and toning, resulting in a higher, perkier, 'less wobbly' butt.

### **BOOTCAMP FOR TUMMY BY MAMA MIO - BRAND NEW** If your tummy is your trouble spot, this is the treatment for you.

Serious about making changes to your lifestyle or just need a little guidance to get you on the right track? Ask us about our tailored wellness packages with our partner wellness experts.

## sensmama

### YUMMY MUMMY-TO-BE MASSAGE

Enjoy a specialized bump friendly massage and choose to prevent stretch marks, relieve fatigue, hydrate the skin or ease fluid retention.

### YUMMY MUMMY & DADDY TO BE MASSAGE

Just because SHE'S got the bump, doesn't mean HE doesn't need this as much (if not more!)

### MUMMY MASSAGE AND MORE

Relax the maxed-out mum-to-be and feel the benefits before, during and after giving birth to your baby. Start with the Yummy Mummy-To-Be massage, followed by the soothing Eve Lom Ultimate Cleanse.

### I'M A MUMMY NOW! - BRAND NEW

Recover and relax with this much needed healing hour, otherwise known as, the 4th Trimester. You will feel 'reborn'.

### YUMMY TUMMY - BRAND NEW

A MUST DO for your growing belly, layering, (not massage) of good for you and baby Omega 3, 6 & 9. Total belly basking goodness.

### TEMPLE TIME

Dream about the baby on the way with this heavenly hot frangipani oil head massage.

### SCRUB-A-DUB-MUM\*

Improve circulation and let us scrub off dead skin cells in those hard to reach (or see) areas - pure luxury.

### LIGHTER LEGS\*

Carrying your growing bump leaving your legs a little bloated? Ease water retention with a soothing mineral rich foot soak, a light exfoliation and a therapeutic massage all for your lower legs.

\*Can only be booked as an-add on spa service. Please note that we do not perform any massage or body treatments on women in their first trimester of pregnancy.

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Join the club...  
where we are bliss for bumps!

Pregnancy is a time for celebrating motherhood, new life, and last but not the least, yourself. It's one of nature's finest accomplishments and a time in a woman's life that deserves a little pampering. So say hello to the Yummy Mummy Club where we will take you through your pregnancy in true spa style. Please ask the front desk for more details on getting in early.

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“...a true urban spa that  
wouldn't feel out of place  
in down town New York.”

- TimeOut Dubai







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AHLAN BEST SPA IN DUBAI 2011 & 2012  
WHAT'S ON FAVORITE SPA 2012  
MESPA BEST SPA MARKETING 2011

EMIRATES GOLF CLUB  
Main Clubhouse  
Sheikh Zayed Road  
t. (9714) 417 9820

PALM JUMEIRAH  
Shoreline Beach Club 1  
Al Nafura  
t. (9714) 422 7115

THE VILLAGE  
Jumeirah Beach Road  
Jumeirah 1  
t. (9714) 349 8850

DOWNTOWN  
Souk Al Manzil  
Downtown Dubai  
t. (9714) 456 0866

Book online @ [www.sensasiaspas.com](http://www.sensasiaspas.com) Email us: [info@sensasiaspas.com](mailto:info@sensasiaspas.com) Stay Social!

