



Celebrating
10
years!
sensasia
urban spa





Welcome to SensAsia urban Spas, where our uber-chic day spas set the stage for extraordinary spa-aahing designed for the modern man and woman.

We began our journey in 2004, at The Village in Jumeirah, desperate to please the serious 'passionate about pampering' set. Its instant success drove the development of further locations, and today we are proudly the largest spa brand in the UAE with multiple award winning spas.

With each spa unmistakably being a SensAsia Spa, you will experience Balinese grace, Japanese elegance and Thai tradition in all our interiors and services. From jet setting professionals to all the yummy mummies, we understand the lifestyle stresses of everyday life and have created sanctuaries dotted around the city for you.

The intentions I had when we first started in Jumeirah still energize me today – to give you a retreat that turns the city's buzz to a purr. And I think we have managed!

So relax, unwind and I hope you enjoy the SensAsia experience.

It's all about you.

A handwritten signature in a cursive script, appearing to read "Jenna", enclosed within a thin, hand-drawn circular line.

MESPA BEST INDEPENDENT SPA 2012 & 2013

AHLAN BEST SPA IN DUBAI 2011 & 2012

WHAT'S ON FAVORITE SPA 2012

MESPA BEST SPA MARKETING 2011

senspackages

PAMPER ME SILLY

Enjoy a half day of an AB-SPA-LUTELY fabulous super savvy mix of the best of SensAsia!

BLISSFULLY UNAWARE™

Indulge in the Signature SensAsia Hot Stone massage followed by a 60 minute Elemis facial - heavenly.

URBAN LIVING™

Let your skin breathe freely with a SensPolish of your choice to exfoliate and soften the skin followed by a relaxing 60 minute massage.

BEE MY HONEY

Get your honey ready with this seriously softening honey based body polish followed by a warm milk, honey, black sesame and almond oil wrap. Top it off with a 60 minute massage. Oh yes please!

ABSOLUTE SPA RITUAL

A complete journey into sensory heaven for the face and body with a beautiful Elemis Advanced Performance Facial and Well-Being Massage.

THE CULT CLASSIC

Eve Lom, the much coveted celebrity facialist has earned her products 'Cult' status. Team her deep cleansing facial with the Hot Salt Scub seriously exfoliating body buff to rub away every last patch of rough skin. Followed by a 30 min Back, Neck and Shoulder massage.

ISLAND BLISS

From the exotic shores of Tahiti, coconut and frangipani are soaked to produce monoi. Begin with a recipe of coconut, mungbean, spices and lavender that polishes the skin, whilst the frangipani monoi oil indulges your senses, warm milk is poured over your entire body before being cocooned in a comforting wrap. Conclude with a Lomi Lomi massage lulling you into pure Island Bliss.

GORGEOUS GEISHA

This luxurious journey preps and primes you like the 'artists' themselves. Enjoy a private bath indulging your senses with our 'Gorgeous Geisha' tea followed by a full body massage. A skin brightening body polish of green tea and ginger follows. This head to toe ritual continues with a deeply cleansing Eve Lom facial.



pamper me silly

AN AB-SPA-LUTELY FABULOUS, SUPER SAVVY MIX OF THE BEST OF SENSASIA!

Balinese Massage
Royal Javanese Body Cleansing Ritual
Luxe Milk and Flower Bath
Consultation
Elemis Advanced Performance Facial
Refreshments
And take a little SensAsia to go!



BEST SPA IN DUBAI
2012 WINNER

AHLAN BEST IN DUBAI AWARDS

SENSWRAPS - BODY WRAPS
THE DETOX
ELEMIS COCONUT & MILK RITUAL WRAP

SENSPOLISHES - BODY POLISHES
HOT SALT SCRUB*
CINNAMON SPICE AND ALL THINGS NICE*
SUGAR DADDY*
ELEMIS EXOTIC LIME AND GINGER SALT GLOW
COCONUT & ROSE*
LUXE LAVENDER RUB*

*add on to any treatment | includes a 15 minute back massage

WARM COCOA BUTTER STONE MASSAGE

Pure bliss combined with extreme skin softening

THE PLAYER MASSAGE

Uses heated herbal packs - designed for the sports and gym enthusiast

SENSASIA HOT STONE MASSAGE

Relaxing, detoxifying, and seriously stress relieving

WARM CANDLE MASSAGE

Our most popular, find out why

KNEAD-IT (INTENSIVE MASSAGE)

Just as it sounds – much needed

THAI YOGA STRETCH MASSAGE

Dynamic, stretching and stress busting

YUMMY MUMMY-TO-BE MASSAGE

Enjoy a specialized bump friendly massage and choose to prevent stretch marks, relieve fatigue, hydrate the skin or ease fluid retention

PILLOW TALK MASSAGE

You bring your Pj's and we'll bring the hot cocoa!

BALINESE MASSAGE

De-stress and unwind

BALI CHIC™ MASSAGE

That little bit more - pure urban bliss.

SOLE TO SEOUL

Foot massage

RAPID RUB

Intensive back massage

SENSBODY

SENSMASSAGE

sensfacials

ELEMIS TRI-ENZYME RESURFACING FACIAL

Advanced resurfacing technology.

ELEMIS VISIBLE BRILLIANCE

For ageing, stressed and slackened skin

ELEMIS PRO-COLLAGEN QUARTZ LIFT

Anti wrinkle facial – proven results

ELEMIS OXYGEN SKIN CALM - FOR SENSITIVE SKIN

Soothing heaven for sensitive skin

ELEMIS SOS PURIFYING FACIAL

For problematic skin

ELEMIS SKIN IQ FACIAL - FOR HIM

Anti-ageing booster for tired, stressed skin

ELEMIS URBAN CLEANSE FACIAL - FOR HIM

Decongesting power

EVE LOM SIGNATURE FACIAL

Deep cleansing TLC

EVE LOM ULTIMATE CLEANSE

For those who want the effects of an Eve Lom facial but are short on time

DR. DENNIS GROSS SUPER BOOSTER FACIAL TREATMENT

Age defying booster treatment that delivers the highest possible dosage of active ingredients

DR. DENNIS GROSS ALPHA BETA DELUXE TREATMENT

Plumps lines and wrinkles and leaves skin visibly radiant

DR. DENNIS GROSS CUSTOM BOOSTER FACE TREATMENT

Let your therapist guide you and help choose the treatment that is most appropriate

GENTLEMAN'S FACIAL BY DR. DENNIS GROSS

Soothes the effects of the daily grind

“Best anti-aging facial.”

- Grazia UK on Elemis' Quartz Lifting Facial

“Probably the best
cleanser in the world.”

- Vogue UK on Eve Lom





sensconscious

BABY'S GOT BACK - BRAND NEW

COMBINED BOOTCAMP FOR BUTTS & CELLULITE PROGRAM

Is it time for an intensive treatment to get you back in to the booty-licious book, and to smooth out those lumps? If you have the time and the commitment, then we have a program designed by our clients and therapists, this powerful and results guaranteed tightening trio of treatments combines 6 Bootcamps for Butts, 5 Skinny Mini's and 6 Just Beat it Massages, along with your own DIY homecare program. This combination will achieve the maximum results. Exactly what you need... exactly where you need it.

ELEMIS BODY SCULPTING CELLULITE & COLON THERAPY

A no mess, anxiety free alternative to the popular colonic irrigation. Perfect for a sluggish digestive system, fluid retention, and cellulite around the thighs.

JUST BEAT IT

Encourages fat deposit breakdown - Highly stimulating over a series of 6 sessions.

THE SKINNI-MINI

This last minute, de-bloating treatment results in the perfect pre-skinny jeans water-shed from your thighs and abdomen.

CELLULITE CONTROL

Do you suffer from cellulite? SKINNI-MINI packages are available for the bust, arms, thighs and buttocks in series of 3, 5 and 10, inclusive of a homecare plan.

BOOTCAMP FOR BUTTS BY MAMA MIO - BRAND NEW

Tightening and toning, resulting in a higher, perkier, 'less wobbly' butt.

BOOTCAMP FOR TUMMY BY MAMA MIO - BRAND NEW

If your tummy is your trouble spot, this is the treatment for you.

Serious about making changes to your lifestyle or just need a little guidance to get you on the right track? Ask us about our tailored wellness packages with our partner wellness experts.

sensmama

YUMMY MUMMY-TO-BE MASSAGE

Enjoy a specialized bump friendly massage and choose to prevent stretch marks, relieve fatigue, hydrate the skin or ease fluid retention.

YUMMY MUMMY & DADDY TO BE MASSAGE

Just because SHE'S got the bump, doesn't mean HE doesn't need this as much (if not more!)

MUMMY MASSAGE AND MORE

Relax the maxed-out mum-to-be and feel the benefits before, during and after giving birth to your baby. Start with the Yummy Mummy-To-Be massage, followed by the soothing Eve Lom Ultimate Cleanse.

I'M A MUMMY NOW! - BRAND NEW

Recover and relax with this much needed healing hour, otherwise known as, the 4th Trimester. You will feel 'reborn'.

YUMMY TUMMY - BRAND NEW

A MUST DO for your growing belly, layering, (not massage) of good for you and baby Omega 3, 6 & 9. Total belly basking goodness.

TEMPLE TIME

Dream about the baby on the way with this heavenly hot frangipani oil head massage.

SCRUB-A-DUB-MUM*

Improve circulation and let us scrub off dead skin cells in those hard to reach (or see) areas - pure luxury.

LIGHTER LEGS*

Carrying your growing bump leaving your legs a little bloated? Ease water retention with a soothing mineral rich foot soak, a light exfoliation and a therapeutic massage all for your lower legs.

*Can only be booked as an-add on spa service. Please note that we do not perform any massage or body treatments on women in their first trimester of pregnancy.



Join the club...

where we are bliss for bumps!

Pregnancy is a time for celebrating motherhood, new life, and last but not the least, yourself. It's one of nature's finest accomplishments and a time in a woman's life that deserves a little pampering. So say hello to the Yummy Mummy Club where we will take you through your pregnancy in true spa style. Please ask the front desk for more details on getting in early.





“...a true urban spa that
wouldn't feel out of place
in down town New York.”

- TimeOut Dubai

SPA-AAHH TARIFF

SENSPACKAGES

PAMPER ME SILLY	240-270 min / 1675 dhs
BLISSFULLY UNAWARE™	150 min / 835 dhs
URBAN LIVING™	90 min / 615 dhs
BEE MY HONEY	120 min / 730 dhs
ABSOLUTE SPA RITUAL	135 min / 825 dhs
THE CULT CLASSIC	120 min / 770 dhs
ISLAND BLISS	120 min / 730 dhs
GORGEOUS GEISHA	180 min / 955 dhs (1700 dhs for 2)

SENSBODY

THE DETOX	105 min / 795 dhs
ELEMIS COCONUT & MILK RITUAL WRAP	60 min / 445 dhs
HOT SALT SCRUB*	60 min / 395 dhs
CINNAMON SPICE AND ALL THINGS NICE*	60 min / 395 dhs
SUGAR DADDY*	60 min / 395 dhs
ELEMIS EXOTIC LIME AND GINGER SALT GLOW	60 min / 395 dhs
COCONUT & ROSE*	60 min / 395 dhs
LUXE LAVENDER RUB*	60 min / 395 dhs

*add on to any treatment for Dhs 245 | includes a 15 minute back massage

SENSMASSAGE

WARM COCOA BUTTER STONE MASSAGE	120 min / 730 dhs
THE PLAYER MASSAGE	90 min / 560 dhs
SENSASIA HOT STONE MASSAGE	90 min / 560 dhs
WARM CANDLE MASSAGE	60 min / 460 dhs 90 min / 560 dhs
KNEAD-IT (INTENSIVE MASSAGE)	60 min / 440 dhs 90 min / 540 dhs
THAI YOGA STRETCH MASSAGE	60 min / 399 dhs 90 min / 499 dhs
YUMMY MUMMY-TO-BE MASSAGE	60 min / 399 dhs 90 min / 499 dhs
PILLOW TALK MASSAGE	60 min / 430 dhs 90 min / 530 dhs
BALINESE MASSAGE	60 min / 399 dhs
BALI CHIC™ MASSAGE	90 min / 499 dhs
SOLE TO SEOUL	30 min / 285 dhs
RAPID RUB	45 min / 350 dhs

SPA-AAHH TARIFF

SENSFACIALS

ELEMIS TRI-ENZYME RESURFACING FACIAL	75 min / 620 dhs
ELEMIS VISIBLE BRILLIANCE	90 min / 655 dhs
ELEMIS PRO-COLLAGEN QUARTZ LIFT	90 min / 620 dhs
ELEMIS OXYGEN SKIN CALM - FOR SENSITIVE SKIN	90 min / 515 dhs
ELEMIS SOS PURIFYING FACIAL	90 min / 515 dhs
ELEMIS SKIN IQ FACIAL - FOR HIM	90 min / 655 dhs
ELEMIS URBAN CLEANSE FACIAL - FOR HIM	75 min / 515 dhs
EVE LOM SIGNATURE FACIAL	90 min / 690 dhs
EVE LOM ULTIMATE CLEANSE	60 min / 540 dhs
DR. DENNIS GROSS SUPER BOOSTER FACIAL TREATMENT	60 min / 590 dhs
DR. DENNIS GROSS ALPHA BETA DELUXE TREATMENT	50 min / 530 dhs
DR. DENNIS GROSS CUSTOM BOOSTER FACE TREATMENT	50 min / 580 dhs
GENTLEMAN'S FACIAL BY DR. DENNIS GROSS	35 min / 300 dhs

SENSCONSCIOUS

BABY'S GOT BACK	6836 dhs
ELEMIS BODY SCULPTING CELLULITE & COLON THERAPY	75 min / 540 dhs
JUST BEAT IT	60 min each / 2050 dhs for 6 sessions
THE SKINNI-MINI	90 min / 515 dhs
CELLULITE CONTROL	from 1540 dhs
BOOTCAMP FOR BUTTS BY MAMA MIO	A Butt Lift in 1 Hr / 515 dhs
BOOTCAMP FOR TUMMY BY MAMA MIO	1 Hour / 315 dhs

SENSMAMA

YUMMY MUMMY-TO-BE MASSAGE	60 min / 399 dhs or 90 min / 499 dhs
YUMMY MUMMY & DADDY TO BE MASSAGE	90 min / 889 dhs
MUMMY MASSAGE AND MORE	120 min / 699 dhs
I'M A MUMMY NOW!	60 min / 399 dhs
YUMMY TUMMY*	15 min / 85 dhs
TEMPLE TIME	45 min / 300 dhs
SCRUB-A-DUB-MUM*	30 min / 245 dhs
LIGHTER LEGS*	30 min / 225 dhs



MESPA BEST INDEPENDENT SPA 2012 & 2013
AHLAN BEST SPA IN DUBAI 2011 & 2012
WHAT'S ON FAVORITE SPA 2012
MESPA BEST SPA MARKETING 2011

EMIRATES GOLF CLUB
Main Clubhouse
Sheikh Zayed Road
t. (9714) 417 9820

PALM JUMEIRAH
Shoreline Beach Club 1
Al Nafura
t. (9714) 422 7115

THE VILLAGE
Jumeirah Beach Road
Jumeirah 1
t. (9714) 349 8850

DOWNTOWN
Souk Al Manzil
Downtown Dubai
t. (9714) 456 0866

Book online @ www.sensasiaspas.com Email us: info@sensasiaspas.com Stay Social!

